**Being Passionate About Parenting with an Introduction and awareness to ADHD**

**A 6 hour workshop for Parents / Carers of young people aged 5 to 11 years (primary up to year 6).**

**Sessions Include:**

* Top tips and strategies to support and understand behaviour
* Current information about the traits of ADHD
* Encouraging speaking and listening, turn taking and positive communication
* The benefits of routine and praise
* To provide support and useful resources to parents and carers and much more!

**FREE**

Delivered over 3 sessions (1.5 hours per session) Delivered online with Microsoft teams

**On Mondays 20th & 27th September, & 4th October**

**10:00-11:30**

To book a place please complete the Early Help 'Request for Help' booking form on the link below:

[www.cornwall.gov.uk/earlyhelphub](http://www.cornwall.gov.uk/earlyhelphub)

Click on ’Request for Help’ then on the request for help form. Complete, save

and email to [earlyhelphub@cornwall.gov.uk](mailto:earlyhelphub@cornwall.gov.uk)